

## Verbal Clues For Identifying DISC Behavior Styles

### High C Verbal Clues

All clues are statements real people made in conversations, magazines, books, Internet posts, movies, television shows, radio shows, etc. Some statements are edited to make them more concise and/or more understandable as clues. Different versions of the same clue reveal the variety of ways different High C people can express the same clue.



#### **High C's are reserved and good at getting things done.**

"I'm a very blunt person and always tell the truth."

"I don't like people I don't know standing right next to me."

"One of my pet peeves is when people give you gifts for your home."

"I don't like doing interviews or being asked about myself."

"I like the order and discipline."

"I have an aversion to parties."

"I don't like people who stand too close to me."

"I don't like giving interviews or being asked about myself."

"I am completely OCD about my surroundings."

"I relax by organizing my closet."

"I get crazy if someone is late."

"I don't like surprises."

"When I'm stressed I organize."

"I can be a loner."

"I love solitude."

"I follow rules."

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"I get nervous before every presentation I have to do for my job because I'm a perfectionist."

"I get anxiety just from telling a little white lie."

"I'm the most organized person I know."

"I'm very ritualistic in my habits."

"I like to stay holed up and not have people know I'm home."

"I've never liked going to award shows or parties."

"I reorganize my closet nearly every week."

"I'm always meticulous about hygiene."

"In anything you do it's critical to do your homework and to be prepared."

"I'm a neat freak."

"I am super tidy."

"I need my external environment to be organized."

One of my pet peeves is when people direct me while I'm backing up. I'm an adult, for God's sake!"

"I had crippling social anxiety until I was 40."

"I like packing. I like my suitcase to be very organized."

"My pet peeve is people who tailgate."

"My pet peeve is people who throw trash out their windows."

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"I eat almost the same thing everyday."

"I would never skydive."

"I'm a bit of a hypochondriac."

"I'm a closet member of the grammar police."

"I love to organize, but I'm terrible at it."

"I'm a super-private person."

"I have a tendency to overanalyze everything."

"I like to cook and clean. I'm super domestic."

"I've never been pulled over or received a speeding/parking ticket."

"I drive like a grandma."

"I'm a neat fanatic."

"I'm afraid of small talk."

"I follow the rules because there are reasons for rules, and we flout them at our peril."

"Even if I have nothing on my schedule, I will try to do at least one task that is work-related."

"I boycott restaurants that are too crowded."

"My hidden talent is snitching while pretending to be friends."

"I love solitude. Having my own space is important."

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"I have watched every episode of *The Wire* in order, and would happily do it again."

"I can't skip breakfast. Even if it's past breakfast time, I will eat a breakfast food before I eat lunch food."

"I base my schedule and life around meals and food."

"I put on 8 swipes of deodorant every day."

"My worst habit is worrying about things I can't change."

"I hate being late."

"I like to be in my own space and sort of let the day fall off of me."

"I need everything laid out ahead of time to feel good about it."

"I like to plan. I like to have everything in the box."

"I spend hours separating Play Doh back into its colors after my kids finish playing."

"My biggest pet peeve is disorganized people."

"I like everything to be perfect. Organization is key."

"I'm super organized and very disciplined. I make a lot of to-do lists."

"I plan everything I can months in advance."

"I hate mess, and am kind of a neat freak. I like my home tidy, and my desk!"

"I clean to calm my overthinking."

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"I'm most comfortable in a suit."

"I ask 'why' more than a 4-year-old trying to figure out the world."

"I believe that sportsmanship is the key to success, both on and off the court."

"I unwind by cooking. It's less about eating and more about the process. It quiets my mind."

"I love being anonymous because I don't like to stand out."

"My philosophy is that if you take an average work force and give them a great process, you can accomplish tremendous things and make them feel really good about what they do."

"I work with hundreds of people, so when I get off work I want solitude."

"I love to think rather than talk."

"The word 'freedom' is batted around rather too freely. I like self-discipline."

"After a traumatic business event, I went to a hotel by myself for three days."