## Words With Wallop For High S Steadying Self

DI<u>S</u>C Behavior Style: S for Steadiness Reserved & People-Oriented Need: Creating and maintaining steady relationships

Speak these *words with wallop* to reserved & people-oriented individuals who want to create steadiness for themselves.

## Quote From Brad Pitt

Actor, philanthropist, vineyard owner

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## Creating inner peace to cope with outside stress

"It's very peaceful and the antithesis of the drive, the want, the need to get ahead indicative of life in Hollywood. I'm instantly reminded what quiet sounds like."

Words With Wallop "Which quiet activities help you feel peaceful?"